



KNOW YOUR RIGHTS TO BREASTFEEDING

Connecticut Law* States:

You may pump or breastfeed your baby at work during your meal or break time.

Your employer must provide a private room or other space that is close to your work area that is not a bathroom.

Your employer cannot discriminate against or discipline you for exercising your right to breastfeed at work

IF YOU THINK YOUR BREASTFEEDING RIGHTS AT WORK HAVE BEEN VIOLATED, CONTACT THE CONNECTICUT DEPARTMENT OF LABOR. CALL 1-(860)-263-6791 OR SCAN THE QR CODE

